



November, 2019

THANKFUL FOR CARE



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As we come into November we always think about this being a month of thanksgiving. So before I write even more, I encourage you to find different things each day this month to give thanks for. Great caregiving is one thing, regardless of our ages, that we can be thankful for. To have good doctors, nurses, specialists, and all those aids that work at hospitals, clinics, care centers, and homes is vital to all of our health. As a church, it is important for all of us to have spiritual care as well, which is why we are working on revamping our care ministry at RLC.

With so many health and spiritual issues ongoing at RLC, I am only one pair of hands among many caring hands. So at a meeting last month myself, Elder Andy Andrew, and a few other members came together to brainstorm and share some ideas on how we all can open our hands and care. So what I want to do is share a few thoughts from the meeting and share an invitation at the end. One of the first things we realized is that this cannot be just a few people doing this within the church. This is a ministry all of us are to engage in ways that line up with our gifting. We talked how this could be through writing cards, or by making prayer shawls for shut-ins or those hospitalized, and last but not least, by phone making phone calls. So to start if any of those things are areas you feel called in please let myself or Andy Andrew know so we build upon these areas within RLC.

We also talked about how better communication needs to be a big component of care, especially in times the office is not open and I might not be able to be reached. We talked about having the email prayer chain be accessible to one or two other members who could send out prayer emails afterhours, weekends, and holidays. Furthermore, we talked about trying to have a point person for making phone calls for those who don't have email. Please pray about these areas and if you feel God tugging on your heart to help the communication of care in the church please once again let myself or Andy know.

Finally, I want to invite everyone to our next meeting, which will be December 14th at 9:30 am. We are going to focus on talking about depression and loneliness and how we can better open hands to those struggling. We also will continue to update folks on areas of care that might be needed around the Holidays. We are going to try to do these care meetings on a quarterly basis and they will be open to anyone who is interested on the topic we will be talking about. So feel free to come to one or all depending on how you are led. Please continue to pray for all our ministries ongoing or upcoming at RLC and finally be thankful this month and open your hands to all with the love of Jesus!

In His Love,
Pastor Matt

UPCOMING EVENTS, ANNOUNCEMENTS, AND WAYS TO SERVE

Blest Be the Ties That Bind

Resurrection Quilters are pleased to help supply quilts for *Lighthouse Family Ministries* this Fall and Winter. **Save your 1st Wednesday, November 6th at 9:30-11:30 a.m. in Room 200.** No quilting skills required, sit-down tasks and comfortable table height. **We will assemble LWR Fabric Kits for sewing students overseas who after graduation with their skills can begin their own businesses.** Donations of NEW large pieces cotton or Cotton/Poly are still accepted and may be left under the mailboxes marked 'LWR'. *Thank you; bring a friend on Wednesday the 6th see you then!*

Meet Our Family

Visitors, newcomers, long-time members, please join us in the gym on Sundays to get acquainted and enjoy refreshments between services. **Pastor Matt's sermon reviews class in Room 118, a few steps from the gym doorway after coffee, before 10:30 Worship Service is a great way to meet each other!**

Hard remembering names? No worries, we can answer to any name you use!

Fellowship Time is always seeking treats donations. Plan ahead for December and January opportunities to sign up. Keep them simple and sign up on the Gathering Table in the Narthex/Foyer. Remember discounts at Franz Bakery Outlets, Fred Meyer and Dollar Tree for good stewardship saving time and baking.

Teaching Hospitality to Kids

Lutheran Hour Ministries is offering free copies of a new children's picture booklet, Welcome to share with a child in your life discovering how important to be welcoming to others, just as God has invited and received us into the kingdom of His Son. Visit lhm.org/shop or call 800-876-9880 Mon-Fri.

Kids' Corner Coming to RLC

Keep an eye out for our newest addition, a kids' corner in the Narthex. There will be coloring books, crayons, and stuffed animals to engage children during the service.



Christmas Shopping on Amazon

1. Go to smile.amazon.com
2. When asked which charity, type
 - * RESURRECTION LUTHERAN CHURCH Des Moines, WA 98198
 - * *Lutheran Hour Ministries*
 - * *Lutheran Ministry Services NW.*

Start shopping!

Treadmill for Bid

Quality treadmill HealthRider R60 HRTL0712 speed 0-12 mph Hrs Power 2, Walking Incline grade 0-10' Weight Limit 250 Lbs. gently used for walking purchased from Costco \$700 plus accessories. Easy pickup access, folded in daylight basement, no steps. **Proceeds to Lutheran Ministry Services NW (LMSNW) for Prison Chaplaincy.** Contact church office for arrangements and bid.



Give Hope This Season

Join us in showing the love of Christ this holiday season by taking a name from the Angel Tree Christmas tree. Be on the look out beginning Sunday, November 17th for the tree in the Narthex.

FOR ANYONE WHO DISLIKES CHANGE by Elyssa Faith Schultheiss

I pray this is a comfort in the midst of the changing of seasons.

3 Healthy, Biblical Responses to Change

Happy Fall! The weather is changing, stuffy noses feel like the norm, and pumpkin-flavored everything is on the grocery store shelves. I don't know about you, but I feel like summer went way too quickly. As much as I love pumpkin pie, I would much rather have an endless summer. But as much as I wish for warm weather, vacations, and salty skin, change is inevitable. To be honest, I dislike change. It can be hard, chaotic, and bring up a lot within me. Even when the change is good, it can still feel overwhelming and daunting. It makes me feel out of control, which stirs up a lot of fear and worry.



Perhaps you feel similar to my love for all things summer, or maybe you are facing a different kind of change in your life - in a relationship, job, or other situation. For whatever change you are facing today, I want to remind us of a well-known Psalm from David. This Psalm is read, sung, and recited in churches all over the world. Most likely, you have come into contact with this verse at some point in your life. But as we read this today, let's reflect on our responses to change: Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. Psalm 23:4.

WHAT WE SEE HERE IS THAT THERE ARE THREE WAYS FOR US TO RESPOND TO CHANGE:

#1 - Recognize.

We often hold tension or stress in our bodies, minds, and spirits. It can be easy to ignore this tension as we continue through the chaos of life. As change brings up stress and tension within us, it can be hard to become aware of the ways that it is affecting us. What would it look like to be still and recognize how your body is reacting? Perhaps for you, this looks like meditation and reminding yourself of truth. Maybe it means talking it out with a friend and processing the change. At the beginning of Psalm 23:4, we see David first recognize what is occurring. There is an awareness of the valleys and dark seasons he is experiencing. How many of us have said something similar to this? "Well, it's a hard adjustment, but it's fine..." Here, David first recognizes the darkness and sits in his reality. He doesn't try to mask it or stuff it down. He sits in the awareness that change can bring dark valleys.

#2 - Seek Guidance.

In the midst of change, it can feel overwhelming to reach out to others for help and guidance. It feels easier to grin and bear it in hopes that everything will get better. As a society, we assume that admitting we need help in a season of change is a weakness. I think it's necessary. We see in Psalm 23:4 that David first brings awareness to the reality of situations and then seeks the guidance of the One who created him. Once we become aware, we can more clearly see where we need help. Where is a place of need for you in this season of change? Do you need tangible help while you sort through the newness? Or do you need someone who can help you process this new season?

#3 - Seek Peace.

As someone who deals with a lot of worry during change, the idea of "seeking peace" can slightly feel triggering. What if I can't find peace? Everything seems to be overwhelming in newness, but peace comes as we first seek awareness and guidance. As we see in this Psalm, David recognizes the reality of the situation while also seeking comfort from his Creator. And the same is true for you and me. We can be overwhelmed while also allowing comfort. While it may not seem like these two emotions can easily fit together, it is possible to hold both at the same time.

Change can be extremely daunting. Whether it is the change of seasons, or a new season in life, recognizing the steps we can take in response can be beneficial. My hope is that you first sit in what is occurring within you; recognize where you are and what you are feeling. Don't shy away from the realities of what is happening. Turn to others to express your feelings toward change and allow them to seek peace with you.



A Night of
thanks

THANKSGIVING EVE SERVICE

Wednesday, November 27

7:00 pm

Improvvised

THE NUTCRACKER

*Thursday
December 12th
7:00 PM*

Christmas cookie & pie reception to follow in the Gym



RESURRECTION LUTHERAN CHURCH TREASURER'S REPORT SEPTEMBER 2019

General Fund Opening Balance**45,815.02****Income Sources**

Source	Income
Envelope Offering ^(t)	14,669.00
Loose Offering ^(t)	270.10
Facilities Offset	400.00
Misc Receipts	-
Copies	-
Stock Sale	-
Interest ^(t)	0.88
FCEMR - Congregation Emergency Fund	-
FMEM - Memorial Fund	-
FSOCA - Social Action Fund (Thrivent)	-
FPUB - Publications	-
FTMP - Special Funds	-
FYOUTH - Youth Funds	1,400.00
Total Income	16,739.98

62,555.00**From Sinking/Special Funds**

From Funds	3,590.94
Total Unrealized Expenses	3,590.94

66,145.94**Expenses, Realized**

Category	Expense
District_Pledge	-
Salaries_and_Payroll	(8,712.75)
Administration2	(527.34)
Elders_and_worship	(1,965.22)
Congregational_Education	-
InHouse_Ministries	(80.00)
General_Maintenance	(53.29)
Utilities_Church	(1,942.21)
Utilities_Parsonage	(813.64)
Uncategorized	(85.70)
From_Special_Funds	(5.32)
From_Sinking_Funds	(3,585.62)
Total Realized Expenses	(17,771.09)

48,374.85**Expenses, Unrealized**

To Special Funds	(1,400.00)
To Sinking Funds	(2,782.00)
Total Unrealized Expenses	(4,182.00)

LCMS STEWARDSHIP MINISTRY November 2019 Newsletter Article



“Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver.”

–2 Corinthians 9:7 ESV

St. Paul wrote to the Church of Christ in Corinth: “Each one must give as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver” (2 Cor 9:7). *God loves a cheerful giver.* But who is a cheerful giver?

Abel was. By faith, Abel gave the firstborn of his flock, and it was acceptable in God’s sight. Abraham was. By faith, Abraham prepared cakes and a tender choice calf for God and entertained angels unaware. So also were David and Solomon. By faith, David would not make a sacrifice to God that cost him nothing, so he paid Araunah his due. By faith, Solomon built a house for God, where his name would dwell and thereby where He would dwell to be Israel’s God and they His people.

What more shall I say? For time would fail me to tell of all those who gave not simply for the joy of giving but for the joy of knowing the One to whom they gave.

So also our Lord, who for the joy set before Him, gave everything, yes, even His life, enduring the cross and scorning its shame. He gave to the shedding of His blood, willingly and resolutely setting His face toward Jerusalem to die for the life of the world. Though He was rich in every way, He became poor, so that by His poverty we might be rich beyond measure.

So then, let us – like Abel and Abraham, like David and Solomon, and even like our Lord Jesus Christ – give cheerfully to God for the work of His kingdom in our midst. Like them, let us decide in our heart – for the joy set before us – the joy of knowing the One to whom we give is the One who gives us all good things.



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S.A.Y.YES! Program Coming to RLC With Your Approval

At the November 17 voters' meeting, we will prayerfully consider beginning a new children's outreach program at Resurrection called S.A.Y. Yes! God has blessed our congregation with a wonderful building and facilities with which we can in turn bless many people in the communities surrounding our church.

S.A.Y. Yes! (which stands for Save America's Youth — Yes!) is a biblically-based program that takes place in an after-school setting.

Since 1992, Cru (formerly Campus Crusade for Christ) has offered this unique solution to churches and ministries that want to reach out to the children and teens in their neighborhoods. Currently, S.A.Y. Yes! Centers for Youth Development are ministering to more than 3,000 children and teens across the country.

The goal is to give at-risk children a solid foundation from which they can build a successful future. Through the local church, each child is ministered to spiritually, emotionally, physically, intellectually, and socially (Luke 10:27).

As a church-operated program, a long-term commitment can be made to the children, and the entire family — parents, guardians, siblings, and neighbors — can be enfolded into the local body of Christ.

To be successful, the S.A.Y. Yes! Program at Resurrection will need all of us to support its mission in a wide range of ways such as volunteering, donations, praying, and just loving the children and their families in the name of Jesus our Savior.